

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice A VA 	Sausage and bean casserole	Mince and dumplings	Chicken korma and rice	Lasagna Garlic bread Also veggie option	Crispy Breaded Fishcake
B 	Pizza wraps	Quorn sausages	Herbie pasta	Fish fingers	Pizza
Vegetables of the Day 	Potato Wedges Seasonal Vegetables	Mashed Potato Seasonal Vegetables	Roast Potato Seasonal Vegetables	New Potato Seasonal Vegetables	Chips Seasonal Vegetables
J 	Assorted Toppings	Assorted Toppings	Assorted Toppings	Assorted Toppings	Assorted Toppings
Dessert 	Cherry Crumble & Custard Yoghurt Fresh Fruit	Cornflake tart and custard Yoghurt Fresh Fruit	Chocolate cake & Custard Yoghurt Fresh Fruit	Biscuit Ice Cream & Toffee Sauce Yoghurt Fresh Fruit	Muffin Biscuit Yoghurt Fresh Fruit



WHAT'S ON

THE MENU



FOR MORE INFORMATION ON HEALTHY EATING VISIT
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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice A VA	Meat balls in tomato sauce	Chicken Nuggets	Spaghetti bolognaise Also veggie option	Roast chicken and stuffing	Crispy Battered Fish
B	Fish fingers	Cheese Pizza	Quiche	Tomato Pasta	Quorn sausages
Vegetables of the Day	Jacket Wedges Seasonal Vegetables	New Potato Seasonal Vegetables	Garlic Bread Seasonal Vegetables	Roast Potato Seasonal Vegetables	Chips Seasonal Vegetables
J	Assorted Toppings	Assorted Toppings	Assorted Toppings	Assorted Toppings	Assorted Toppings
Dessert	Apple Crumble & Custard Yoghurt Fresh Fruit	Sponge and custard Jelly Yoghurt Fresh Fruit	Angel Delight Biscuit Yoghurt Fresh Fruit	Cornflake Cakes Yoghurt Fresh Fruit	Doughnuts Biscuit Yoghurt Fresh Fruit



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WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice A VA 	Sausage rolls	Mince and Yorkshire puddings	Chicken korma and rice	Sausage in gravy Veggie option	Cheese Pizza
B 	Herbie pasta	Quorn sausages	Fish fingers	Quiche	Fish cake
Vegetables of the Day 	New Potatoes Wedges	Mashed Potato Seasonal Vegetables	Roast Potato Seasonal Vegetables	Mashed / New Potato Seasonal Vegetables	Chips Seasonal Vegetables
J 	Assorted Toppings	Assorted Toppings	Assorted Toppings	Assorted Toppings	Assorted Toppings
Dessert 	Iced Sponge & Custard Yoghurt Fresh Fruit	Iced sponge and Custard Yoghurt Fresh Fruit	Artic Roll Biscuit Yoghurt Fresh Fruit	Rice Pudding Angel Delight Yoghurt Fresh Fruit	Flapjack Muffin Yoghurt Fresh Fruit



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